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[www.BridgewayHouse.org](http://www.BridgewayHouse.org)

Bridgeway House offers treatments, developmental therapies, enrichment courses and support to children and families of all income levels with autism and related disabilities

### Wonderland Play Production

Twelve Bridgeway House members make up the cast of this year's play, inspired by Lewis Carroll's *Alice's Adventures in Wonderland*. Monday, March 3rd rehearsals move to 4:15 to 5:15 at The Wildish Theatre.

The one and only performance is scheduled for **Saturday, April 12<sup>th</sup> at 1:00 pm at the Wildish Community Theatre** on 630 Main Street in Springfield, with \$5.00 admission at the door. Everyone is welcome and encouraged to attend. Let's fill the house with family, friends and neighbors to see a great show and show our appreciation for three months of learning, cooperation and hard work!

## We Need Donations!

Thanks to all of our generous donors we made over \$100,000 dollars at last year's Cinco de Mayo fundraising event. Many families put together wonderful gift baskets while others reached out to local businesses for support and donations. These donations make it possible for Bridgeway House to provide services such as the Home Therapy program, social groups, fitness classes and music therapy.



Meyer Memorial Trust

Congratulations to Bridgeway House!

**Meyer Memorial Trust** has awarded the In-Home Therapy Program a grant of \$20,000 for 2008.



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# DAN! Practitioners at Bridgeway House, March 2008

## Brown Bag Lunch 1:00 p.m., Open Discussion with Dr. Contreras

Open parent discussion group on biological treatments for autism that are safe and inexpensive treatments to use at home. This is a great opportunity to talk with Dr. Contreras **FREE** of charge about many of the biological options available! Please bring your lunch and join us. For more information, call Patricia Wigney at (541) 345-0805.

## Dr. Alejandro Contreras, N.D.

Dr. Contreras follows the DAN! protocol and also has a practice in Oregon City. He practices general medicine with a focus on clinical nutrition, allergy, immunology and autism. He is accepting new patients. Please call Patricia Wigney for more information or to schedule an appointment at (541) 345-0805.

Eugene Clinic: Late March (TBA)

## Dr. John Green

Dr. Green is a DAN! practitioner from Oregon City who provides biological treatments for children with autism and other related disabilities. He is accepting new patients. Please call Patricia Wigney for more information or to schedule an appointment at (541) 345-0805.

Eugene Clinic: Late March (TBA)



## Social Groups

All Bridgeway House Social Groups are currently full. Enrollment for each group is limited to four children. If you are interested in enrolling your child in a social group, **please call Bridgeway House at 345-0805** for more information and to be put on a waiting list. Once we have a group of four kids in the same age range we will form another social group.

## Current Social Groups

### Coming Soon: Toddler (3 -4 year olds)

This group for boys and girls provides an opportunity to gather with same age peers in a supervised, exploratory play environment. Activities are tailored to the needs of the participants. Emphasis are on encouraging parallel play and on gently introducing interactive skills. **Call 345-0805 to register!** Dates and times TBA.

### Teen Boys Social Group

Thursdays from 4:30 - 6:00 This group is facilitated by Pat and Evan does a lot of social outings.

### Boy's Social Group I

This social group is for children 6 to 10 years of age. This group is led by Aileen, a play & behavioral therapist. This group is full but ongoing.

### Boys Social Group II

This social group for boys ages 8-12. They meet Wednesdays at 4 p.m at Bridgeway House. Led by Pat and Suzanne, this group is full but ongoing.

### Boys Social Group III

This group will meet Tuesdays at 4:00 with Emily & Susanne at Bridgeway House.

### Preschool (4-5 year olds)

Mondays, 2:15 - 3:30 with Aileen.

### Girl's Social Group I

For girls aged 12-16, with Aileen. Meets Thursdays, 3:30 - 5:00 at Bridgeway House.

### Girl's Social Group II

For girls aged 7-10, with Aileen. Meets Mondays, 4:00 - 5:30 at Bridgeway House.

Girls social groups facilitated by Aileen help ASD girls get to know one another in a small and supportive setting. Arts and crafts, games and topic specific conversations based on shared interests allow the girls to work on social skills and help build lasting friendships with peers.

# Services at Bridgeway House

Bridgeway House has developed new policies and procedures for our classes. They were developed to ensure that we are meeting the needs of the community and respecting the time of our instructors. We require a registration and materials fee of \$10 per series. Scholarships are available for all class fees. Please call for the scholarship application process. There will be a maximum number of participants per series. The deadline for registration will be 1 week prior to the start of each class. If a minimum number of participants fail to pre-register the class may be cancelled at the instructors' discretion. If you wish to sign up for any of our classes please do so by calling BH at **(541) 345-0805**. Please note fee changes. *Thank you for your cooperation.*

## Parent Support Group I (up to 7 years old)

This group is facilitated by Debby Laiman, PhD. The group meets *every other Tuesday* starting March 4th, 6:30 - 8:00 pm. All are welcome!

Debby is an Early Childhood School Psychologist who has a special interest in working with children with autism and their families. Childcare will be available so please call ahead if needed. We encourage both parents to participate! Call 345-0805 for more info.

## Low Cost Counseling Service

Joanne ZumBrunen will be providing counseling services through Bridgeway House for families with special needs for \$25.00 a session!

Fee waivers are available upon request. In the near future we hope to accept insurance. Call Joanne @ 345-0805 for an appointment. For more information call BWH at 345-0805.

## Coming in May

Gluten-Free Casein-Free/Biomedical Support Group

## Music Therapy Group

Songs and parachute games! Rhythm instruments and dancing! Lots of fun for kids and parents. This 6 week group is \$100. Scholarships are available.

Private sessions with are also available.

**Starts Friday, April 4th 3:00 - 4:00 pm.** Ages 6+

You must register and prepay to join the class. This group is taught by Emily, CMT. For information, call 345-0805.



## Parent Support Group II (7 years & older)

This group is facilitated by Jennifer Wassermiller, MSW. The group meets *every other Tuesday* starting March 11th, 6:30 - 8:00 pm.

This parents' support group will focus on the unique challenges and delights of having an older child with a disability. Childcare will be available so please call ahead if needed. We encourage both parents to participate! Contact Jennifer at [jen@wassermiller.com](mailto:jen@wassermiller.com) or call 345-0805 for info.

## Home Therapy Program

The In-Home Therapy sliding-scale payment program is now accepting applications for one-on-one intensive therapy or school support. ABA, Floor Time and DI. For more information call BWH: 345-0805

## Teen Social night sponsored by New Cycle

May 17th 2008

Ages 13 yrs and up

Catered event/music/dance/game room

TBA location and time

## Salsa Dancing for Teens

Thursdays at 7:00 pm with Erin & Sergio. Ages 14+.

To register, call 345-0805.

## Individualized Music Therapy

Emily, our board certified Music Therapist, has openings for individual music therapy sessions.

Sessions are designed to address your child's own unique needs, be it communication, concentration, academic or social skill development. The rate is \$50 per session. Please contact Bridgeway House at 345-0805 for more information.

## Services at Bridgeway House, *Continued...*

### **NEW Fitness Therapy**

Fitness Class for children and young adults of all ages and abilities, facilitated by Pat H.

Sessions cater specifically to each individual's needs, interests and level of ability.

Activities include bike riding and safety skills, running and hiking, yoga, light-weights, balance activities and exercise/obstacle courses.

Weekend sessions available upon request.

To register, contact Bridgeway House: 345-0805

### **Family Swim Day!**

3rd Saturday of every month,:

March 15, 2-4 p.m.

Bridgeway Families and all families with special needs are invited to swim at the Aquatic Salt Water Pool located in the Tamarack Wellness Center, 3575 Donald Street in Eugene. Donations are requested to BWH but not required. Bring snacks to share for a potluck afterward. They will provide tables and Life guards! Their pool is very warm and quiet! We hope to see you there!



Monthly activities and parent support groups operate on a drop-in/donation basis.

Social groups and classes require pre-registration.

To register or be put on a waiting list please call Bridgeway House: 345-0805

### **Coming Soon: Saturday Sibling Workshop**

In April. Dates and Times to be announced.

### **Coming Soon: 2 Week Summer Camp!**

Fun on the Farm! June/July, dates to be announced. Limited to 8 students. Call for information: 345-0805

### **KIDS NIGHT IN!**

**March 21st 6:30-9:00 p.m.**

**Third Friday, of Every Month**

Kids enjoy movies and play at Bridgeway House and parents get a night out! The cost is \$10 per child. Please call 345-0805 to reserve a spot or just drop in. Please bring healthy snacks for all to share!

### **Tutoring!**

Tutoring in academics, reading, math as well as handwriting and behavior management planning, if needed. Fine motor skills and language using direct instruction and precision teaching.

Call Bridgeway House for more info: 345-0805.

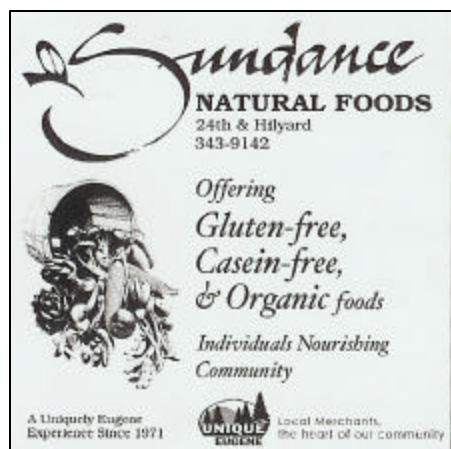
### **Coming in April...**

### **April Is Autism Awareness Month!**

Join us in April for a special "Let's Be Friends" story-time in recognition of National Autism Awareness Month, featuring special guests Patricia Wigney and Elizabeth King. The event will feature a reading of the delightful

***Since We're Friends: An Autism Picture Book*** by Celeste Shally and David Harrington. A fun children's activity will follow. All families are invited. Ask any bookseller for details

## Thank You To Our Business Sponsors !



### Thank You!

*Bridgeway House would like to give a big Thank You to the following individuals and businesses who gave so freely of their time and resources. Without their help BWH would not be able to help the families and children of this community. We appreciate your*

- |                           |                                      |
|---------------------------|--------------------------------------|
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Laura Johnson

# March 2008

SUN	MON	TUE	WED	THU	FRI	SAT
	Reminder: <i>Play Rehearsals move to the Wildish Theatre Monday, March 3</i>	<b>26</b> Boys SG3 @ 4-5:30 Parent Support 2 @ 6:30 - 8	<b>27</b> Boys SG1 @ 3:30-5 Boys SG 2 @ 4:5:30	<b>28</b> Girls SG 1 @ 3:30-5 Teen Boy SG @ 4-5:30	<b>29</b> Music therapy @ 3-4	<b>1</b>
<b>2</b>	<b>3</b> Preschool SG @ 2:15 Girls SG 2 @ 4-5:30 Play Rehearsal @ 4:15-5:15	<b>4</b> Boys SG3 @ 4-5:30 Parent Support 1 @ 6:30 - 8	<b>5</b> Boys SG1 @ 3:30-5 Boys SG 2 @ 4:5:30	<b>6</b> Girls SG 1 @ 3:30-5 Teen Boy SG @ 4-5:30	<b>7</b> Music therapy @ 3-4	<b>8</b>
<b>9</b>	<b>10</b> Preschool SG @ 2:15 Girls SG 2 @ 4-5:30 Play Rehearsal @ 4:15-5:15	<b>11</b> Boys SG3 @ 4-5:30 Parent Support 2 @ 6:30 - 8	<b>12</b> Boys SG1 @ 3:30-5 Boys SG 2 @ 4:5:30	<b>13</b> Girls SG 1 @ 3:30-5 Teen Boy SG @ 4-5:30	<b>14</b> Music therapy @ 3-4	<b>15</b> Swim @ Tamarack 2-4
<b>16</b>	<b>17</b> Preschool SG @ 2:15 Girls SG 2 @ 4-5:30 Play Rehearsal @ 4:15-5:15	<b>18</b> Boys SG3 @ 4-5:30 Parent Support 1 @ 6:30 - 8	<b>19</b> Boys SG1 @ 3:30-5 Boys SG 2 @ 4:5:30	<b>20</b> Girls SG 1 @ 3:30-5 Teen Boy SG @ 4-5:30	<b>21</b> Music therapy @ 3-4 <b>Kids Night In @ 6-9</b>	<b>22</b>
<b>23</b> closed	<b>24</b> <b>SPRING BREAK</b> Bridgeway House Closed Play Rehearsal @ 4:15-5:15	<b>25</b> <b>SPRING BREAK</b> Bridgeway House Closed	<b>26</b> <b>SPRING BREAK</b> Bridgeway House Closed	<b>27</b> <b>SPRING BREAK</b> Bridgeway House Closed	<b>28</b> <b>SPRING BREAK</b> Bridgeway House Closed	<b>29</b> closed
<b>30</b> closed	<b>31</b> Preschool SG @ 2:15 Girls SG 2 @ 4-5:30 Play Rehearsal @ 4:15-5:15	<b>1</b> Boys SG3 @ 4-5:30 Parent Support 1 @ 6:30 - 8	<b>2</b> Boys SG1 @ 3:30-5 Boys SG 2 @ 4:5:30	<b>3</b> Girls SG 1 @ 3:30-5 Teen Boy SG @ 4-5:30	<b>4</b> Music therapy @ 3-4	

