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Bridgeway House Offers treatments, developmental therapies, enrichment courses and support to children and families of all income levels with autism and related disabilities

September 2008

Bridgeway House Newsletter

Volume 1, Number 6

# Camp Tawasi A Big Blast For All



From August 19<sup>th</sup> through the 23<sup>rd</sup>, campers enjoyed a number of fun activities at Camp Tawasi, located just south of Venetta, Oregon. Included in the activities were horseback riding, zip lining, swimming, canoeing, and much more.

One of the favorite activities of all the children was the zip line, a line on which a harnessed child was able to jump from a platform and zoom over the lagoon. Although some were afraid to try at first, participation on the following days greatly increased.

Horseback riding happened at the ABC Riding Center, located a few miles down the road from Camp Tawasi in Crow, Oregon. Other than a little dust and some flies, the kids had a wonderful time. The kids were able to spend time horseback riding on two separate days, but were eager to return to camp after a while.

Unfortunately, the weather did not cooperate for a couple of days, dropping a bit of rain, but not stopping the fun. This did limit the amount of

swimming that was done during the week to a single day. However, in that one day, the children had a great time swimming and playing. The water was a bit cold as the pool was solar heated, and due to the lack of sun, missing some heat.

Another favorite activity of the children were the canoes. Time was spent rowing around the lagoon as other children on the zip line went flying overhead.

It was a long and tiring week for all involved, but it was well worth it in the end. Special thanks go out to the Campfire of America, to the Camp Tawasi staff and to the Bridgeway House staff that made this week possible. We would also like to thank all of the parents and campers for making the long venture out to camp all week long.

We are looking forward to make next year even more of a success, as we specialize the camp for some very special children.

**Bridgeway House  
Registration:  
September 4<sup>th</sup>-5<sup>th</sup>  
9:00AM - Noon**

## Office Hours

Monday - Friday  
9:00 AM - 1:00 PM

Please call for an appointment prior to showing up. There will be therapies in progress during these times

## New Social Groups Starting Soon

Please contact us for more information on new social groups. Registration times are listed above, there will be a \$10 registration fee.

## Bridgeway Service Calendar

Bridgeway House will follow the 4J School District Calendar with respect to holidays and school closures. Services will not be provided on non-school days.

## Eugene Celebration Parade



The Eugene Celebration Parade is quickly approaching. Rainbow Valley Design and Construction has generously sponsored our float this year. Decoration of the float will begin at 7:00 AM on Saturday, September 13<sup>th</sup>, 2008. For those who wish to help, coffee, hot chocolate and GF-CF pastries will be provided. Families and friends of Bridgeway are invite to participate in the parade, if you would like to reserve a spot on the float, or in the procession, please contact Bridgeway House to RSVP. Participants will need to be ready by 8:30 AM.

## Social Groups

Bridgeway House offers social group opportunities for children age 3 through 25. In the social groups, kids learn social skills in a safe, caring space that allows them to practice interacting with others in a natural way. Each group is age and/or gender appropriate and limited in numbers. The groups are very popular and fill quickly. Please call Bridgeway House at 541.345.0805 on September 4<sup>th</sup> or 5<sup>th</sup> between 9:00 AM and Noon to register for these groups. Please remember that there will be a \$10 registration fee per child.

## Other Services

### Kids Night In

Kids enjoy movies and play at Bridgeway House and parents get a night out! The cost is \$10 per child. Please call 541.345.0805 to reserve a spot or just drop in. Please bring healthy snacks for all to share! Coming September 19<sup>th</sup>, 2008

### Home Therapy Program

The In-Home Therapy sliding-scale payment program is now accepting applications for one-on-one intensive therapy or school support. ABA, Floor Time and DI.

### Low Cost Counseling Service

Joanne ZumBrunen will be providing counseling services through Bridgeway House for families with special needs for \$25 a session! Fee waivers are available upon request. In the near future we hope to accept insurance. Call Joanne at 541.345.0805 to schedule an appointment.

### Music Therapy Group

Songs and parachute games! Rhythm instruments and dancing! Lots of fun for kids and parents. This six week group is \$100. Scholarships are available. This group will start in October for children age 6+. You must register and prepay to join the class taught by Emily, CMT.

### Individualized Music Therapy

Emily, our board certified Music Therapist, has openings for individual music therapy sessions. Sessions are designed to address your child's unique needs, be it communication, concentration, academics or social skill development. Rate is \$50 per session.

### Family Swim Day

Bridgeway Families and all families with special needs are invited every 3<sup>rd</sup> Saturday (starting October 18<sup>th</sup>) to swim at the Aquatic Salt Water Pool in the Tamarack Wellness Center, 3575 Donald Street in Eugene. Donations are requested, but not required. Bring snacks to share. They will provide tables and lifeguards. Their pool is very warm and quiet! Hope to see you there!

### Open Play

Bridgeway Families and all families with special needs are invited to join us for open play time at the Rainbow Park and Playground Company, 90496 Highway 99 North, Suite 2 in Eugene. Donations are requested, but not required.

**For more information or questions please contact us at 541.345.0805**

## Other Services (continued)

### Parent Support Group (6 Years and Younger)

For parents, grandparents and care providers of children six years and younger. Meetings will be hosted by Debby Liamon and will occur every other Tuesday from 6:30 – 8:00 PM. Childcare will be available

### Parent Support Group (7 Years and Older)

For parents, grandparents and care providers of children seven years and older. Meetings will be hosted by Jennifer Wassermiller and will occur every other Tuesday from 6:30 – 8:00 PM. Childcare will be available

### Salsa Dancing for Teens

On Thursday at 7:00 PM, come join us and learn the art of salsa dancing. Classes are taught by Erin & Sergio and are intended for children 14 years and older. Please call to register at 541.345.0805

### Tutoring

Tutoring in academics, reading, math, handwriting and behavior management planning (if needed). Work on fine-motor skills and language using direct instruction and precision teaching. Please contact Bridgeway House for more information.

### Fitness Therapy

Fitness class for children and young adults of all ages and abilities. Sessions cater specifically to each individual's needs, interests and level of ability. Activities include bike riding and safety skills, running and hiking, yoga, light-weights, balance activities and exercise/obstacle courses. Weekend sessions available upon request. Please call 541.345.0805 to register

## A Note From a Parent

As parents we all know that it is expensive raising children. When you factor in additional activities for children with special needs, the costs can be daunting. I have listed some resources that may be of assistance. If you need help navigating them or applying please contact me via email at [vannessmc99@yahoo.com](mailto:vannessmc99@yahoo.com)

- Vanessa Truett

<http://www.act-today.org/index.html>  
[Http://www.uhccf.org](http://www.uhccf.org) (medical costs)  
[Http://www.autismfamilyresources.org/needassistance2.htm](http://www.autismfamilyresources.org/needassistance2.htm)

## Get Your Bridgeway Gear

Get your Bridgeway House T-Shirt to show your support for our cause and the local autism community. T-Shirts are \$15 each and include a new women's style scoop-neck. Magnets are \$5 each. Free T-Shirts for all parade participants. Call us for more info.

## DAN Doctors Coming in October

Doctor Green and Doctor Contreras will be coming down to Eugene for a weekend clinic. Date and times to be announced

## LAHA Special Hockey Program

Bridgeway House has teamed up with the Lane Amateur Hockey Association's (LAHA) special hockey program to host an ice skating event on September 14<sup>th</sup>, from 4:15 to 5:15 PM. Coaches and mentors for LAHA Special Hockey will be on hand to assist participants with learning to skate. Hockey gear will be available for those interested in learning some basic hockey skills. The event will be held at Lane County Ice Arena. There is no charge to the participants. Please RSVP to Patricia Wigney at 541.345.0805. We suggest arriving at the ice arena at 4:00 PM to get fitted for skates. Come join the fun.

**Don't Forget to Register!!!**

# Thank You To Our Business Sponsors!



## Thank You!

Bridgeway House would like to give a big THANK YOU to the following individuals and businesses who gave so freely of their time and resources. Without their help Bridgeway House would not be able to help the families and children of this community. We appreciate your efforts and continued support.

Richard Nurre  
 Elsie Hellwege  
 Cindy Winkle  
 Vanessa Truett  
 Jane McDonald  
 Lisa Arkin  
 Jen Wassermiller  
 Debi Laimon  
 Kathy White  
 Aileen Speight

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**Newsletter**

Brandon Gibson

# September 2008 Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 <b>Registration</b> 9AM - Noon <b>Salsa</b> 7:00 - 8:00	5 <b>Registration</b> 9AM - Noon	6
7	8 <b>BSG</b> 2:45 - 3:45 <b>GSG</b> 4:00 - 5:30	9 <b>BSG I</b> 3:15 - 4:15 <b>BSG II</b> 4:00 - 5:00 <b>PSG Age &gt; 6</b> 6:30 - 8:00	10 <b>BSG I</b> 3:30 - 5:00 <b>BSG II</b> 4:00 - 5:30	11 <b>GTSG</b> 3:30 - 5:00 <b>BTSG</b> 4:30 - 6:00 <b>Salsa</b> 7:00 - 8:00	12 <b>BSG I</b> 2:00 - 3:15 <b>BSG II</b> 3:30 - 4:30	13 <b>Float Décor</b> 7:00AM <b>Parade</b> 8:30AM (RSVP)
14 <b>Ice Skating</b> 4:15 - 5:15	15 <b>BSG</b> 2:45 - 3:45 <b>GSG</b> 4:00 - 5:30	16 <b>No Social Groups</b> <b>PSG Age &lt; 7</b> 6:30 - 8:00	17 <b>BSG I</b> 3:30 - 5:00 <b>BSG II</b> 4:00 - 5:30	18 <b>GTSG</b> 3:30 - 5:00 <b>BTSG</b> 4:30 - 6:00 <b>Salsa</b> 7:00 - 8:00	19 <b>BSG I</b> 2:00 - 3:15 <b>BSG II</b> 3:30 - 4:30 <b>Kid's Night In</b> 6:30 - 9:00	20
21	22 <b>BSG</b> 2:45 - 3:45 <b>GSG</b> 4:00 - 5:30	23 <b>BSG I</b> 3:15 - 4:15 <b>BSG II</b> 4:00 - 5:00 <b>PSG Age &gt; 6</b> 6:30 - 8:00	24 <b>BSG I</b> 3:30 - 5:00 <b>BSG II</b> 4:00 - 5:30	25 <b>GTSG I</b> 3:30 - 5:00 <b>BTSG</b> 4:30 - 6:00 <b>Bang 4 Your \$</b> 7:00	26 <b>BSG I</b> 2:00 - 3:15 <b>BSG II</b> 3:30 - 4:30	27 <b>Adult Social Group</b> 10:00AM - Noon
28	29 <b>BSG</b> 2:45 - 3:45 <b>GSG</b> 4:00 - 5:30	30 <b>BSG I</b> 3:15 - 4:15 <b>BSG II</b> 4:00 - 5:00 <b>No PSG</b>	31 <b>BSG I</b> 3:30 - 5:00 <b>BSG II</b> 4:00 - 5:30			

## Calendar Key

BSG = Boy's Social Group, GSG = Girl's Social Group, BTSG = Boy's Teen Social Group, GTSG = Girl's Teen Social Group, PSG = Parent Support Group, \*\*\*All Times Subject to Change\*\*\*

## Upcoming Events

**Teen Social Night** – After a successful first event, we are looking forward to hosting this event once again. Times and date TBA.

**IEP Workshop** – Mary Ann Messiers and Cindy Herr will be hosting this workshop. They will help you navigate through the IEP process and answer any questions you might have.  
October 13<sup>th</sup>, 2008 from 7:00-9:00 PM

**Bang For Your Buck** – How to maximize your home therapy program, so it works best for your family and child. The event is set for 7:00 PM on September 25<sup>th</sup>, 2008.

**Adult Social Group** – This will be a new group for individuals between 18 and 25 years of age. We will be working on

independent living skills and spending time together practicing better social interaction. The group begins on September 27<sup>th</sup>, 2008, and will be ongoing weekly.

**Family Swim** – Open swim time at Tamarack pool for Bridgeway families. Donation requested, times and date TBA.  
Happens every 3<sup>rd</sup> Saturday of the Month.

**Rainbow Family Playground** – Open play time at Rainbow Park and Playground Co. for Bridgeway families. Donation requested, times and date TBA.

**H.O.P.E.S. Workshop** – Helping other parents through education and support, is a mentoring program that helps educate parents new to the spectrum. Times and date TBA